

# FORTITUDE

## BAKEHOUSE

### WHOLESALE

#### BLOCKS

##### Loaves 10-12 slices

Sourdough carrot with a cream cheese top

Orange, almond, olive oil <sup>gluten free</sup>

Bara Brith – fermented in stone rolled teas with honey <sup>no added sugar, no dairy</sup>

Banana sourdough

Chocolate and berries with chocolate glaze <sup>vegan</sup>

Fermented apple and hazelnut with spices

Lemon, yogurt, poppyseeds sourdough

#### Buns

##### Minimum order 8 pieces

Eccles cakes

Raw chocolate, date and walnut cakes <sup>no added sugar, vegan, wheatfree, dairyfree</sup>

#### Biscuits

##### Minimum order 8 pieces

Pump Street Chocolate, Rye, Sel de Guerande

Rolled oats, butter, coconut sugar

#### Bakes

##### Minimum order 12 pieces

Lumber Jack bar – oats, millet, poppyseeds, apricots

Chocolate, date, tahini, rosewater brownies

#### Muffins

##### Minimum order 6 pieces

Banana Sourdough, pumpkin seeds, sunflower seeds

Apple and cinnamon crumble

Banana and raspberry

**We deliver on Mondays, Wednesdays and Fridays. Minimum order for delivery £60**